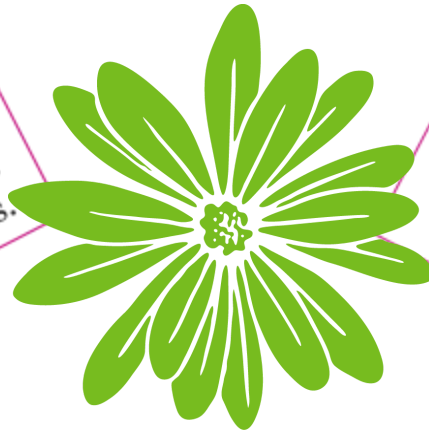




It's time for Girls on the Run at Vernfield!

Calling all 3rd to 5th grade girls! The Girls on the Run experience-based curriculum which creatively integrates movement and running consists of *two* 90-minute sessions every week February – May. We encourage families to register **ONLY** if their child can participate **BOTH** days each week for the full lesson.

Findings from a recent independent study conducted by Dr. Maureen Weiss, Ph.D., University of Minnesota, showed that Girls on the Run is effective in teaching important life skills.



Almost all girls (97%) said they learned critical life skills including managing emotions, resolving conflict, helping others and making intentional decisions at Girls on the Run that they are using at home, at school and with their friends.

Online registration is open Nov 1 through Dec 13, 2017. The amount of girls per team is limited. Therefore, some teams may require a lottery to be run for the Spring 2018 season.

We strive to have every girl participate in our program regardless of ability to pay. Registration Fee \$175. Financial aid application available at www.gotrpa.org. Please click *Learn More* and then proceed to the tab *Fees and Financial Application*.

Season begins: February 26, 2018

Location: Vernfield Elementary

Meeting days/times: Mon & Thurs

3:30-5:00

5k Date: Sunday, May 20, 2018

Questions at 215.540.0813 or
info@gotrpa.org

Register at
www.gotrpa.org