Valentine Relay

- Cut one heart for each child (an extra one if an odd number of kids)
- Write a different instructions on each heart for the relay race such as crawl, hop, walk backwards; write the same thing to do on 2 (one for each team)
- Divide the children in 2 groups (if not even, have one child go twice)
- Put the hearts at the end of the room in 2 piles
- On go, the first player on each team runs up to the pile and takes a heart
- The players come back to the group doing what it says on the hearts
- When the first players get back the next players run to the hearts