

Shoe Box Relay Race***

Supplies:

- Shoe box for each team
- Bell for each team
- 2 mittens for each team

Hang a bell, from the ceiling.

How To Play: Divide the children into two or more relay teams. Explain that when you say, "GO" the first person on each team will put on the mittens, step into the shoe boxes and race to the other end of the room where they will ring the bell with their nose. They will race back to their team still wearing their mittens and shoe boxes. Pass the mittens and shoe box to the next person in line and sit down. The first team to finish wins!

*** adapted from www.kaboose.com