

Freeze Dance

Equipment:

Music (cassette tape/CD/radio)
Boom Box

Description:

Select a student or the parent can be the music Monitor. Select music and begin playing - stopping the music every minute or so. Children dance any way they like (safely) until the music stops, at which time they must freeze. The Monitor looks around to see if anyone was still moving when the music stopped. These children are out and can help the Monitor in watching the remaining children. The last one in is the winner.